

Why I've Been Gone

Hey everyone,

I want to do a little info on why I haven't been posting as much. I've been doing the number one thing you should never do as a beginning blogger (I told myself I wouldn't do it but I did), I compared myself to others and let people's opinions get to me.

I've read everywhere since beginning my blog to never do that because you are setting yourself up for failure and, trust me, I did just that I am realizing.

I also let my mental disorders get the better of me, my anxiety and depression to let me think that I wasn't good enough to do this and my blog was nothing.

The reason I am posting this is A) I have a little advice for anyone starting out on a new adventure or business venue B) I felt like people should know that no matter what you tell yourself in the beginning that you won't do it, well, shit happens.

My advice is, mental disorders are one of the worst things to combat because your combatting your own mind and people cannot see what you are fighting because essentially you are fighting yourself, every day, all day. I have learned that mine are the worse when I give in to them and let my inner demons essentially just run a muck. My actual advice is, do what you love and don't let anyone tell you otherwise.

I was happier when I was working on my blog and not giving a damn what people thought about what I posted and doing it for ME and trying to keep it real. I was also happier when I just realized you can't make everyone happy. EVERYONE has an opinion and some opinions differ from YOURS, so just let it go by and don't let it affect you. (Easier said than done)

When you start something new it is very hard not to compare yourself to other people, but when you do it is the way to ultimately fail. Why? Because in your mind you will never live up to them, you are your own harsher critic, so in your mind you will NEVER be as good as them. Harsh? Yes? True? For me? Hell yes. Others? Not sure. I am not saying have goals but don't look at someone who has essentially years or maybe way more experience than you and look at theirs say "I'll never be that good" cause in reality, you can be it just takes experience. Rome wasn't built in a day.

Something I also need to learn is patience, like I said above, Rome was not built in a day. If I compare my blog that started a wee couple months ago to someone who started their blog a year or even six months ago, I'll never see my blog as good as I want it too. Goals are good, but feeling like crap cause it's nowhere near there is not good.

Okay rambling over.

Now you know why I was gone and my big mistake.